

Rising Leaders: Inspiring Growth through Team Building

Present by Gustavo Moradel

Topics:

Introduction to Leadership and Team Building

Leadership Styles and Approaches

Communication and Active Listening

Emotional Intelligence and Empathy

Provide individual feedback for accountability and personal development

While planning a long session, making it fun and engaging:

Icebreaker Energizers: I will incorporate short icebreaker activities at regular intervals to break the monotony and keep energy levels high.

Interactive Activities: I can include a variety of interactive activities, such as team-building games, role-playing exercises, and problem-solving challenges. These activities allow students to actively participate and learn through hands-on experiences.

Team Challenges: We will organize friendly team challenges that require students to work together to solve problems, make decisions, and achieve goals.

Customization and Flexibility: I like to tailor the workshop to the interests and needs of the specific college group, ensuring that the content and activities align with their goals and aspirations.

Part 1: Team Building - United We Create The Future!

Duration: 2 hours (with small breaks in between session)

Session 1: Ice-Breaker

NEW CONNECTIONS BINGO GAME

Break the Ice! Orientation bingo is a classic game to connect and engage incoming freshmen. If your campus is very large, we will divide participants into breakout groups for easier interaction.

Players must find students who meet different criteria and be the first to mark off five squares in a row to win. But here's the catch — you cannot use the same name on more than one square.

Award the winner with some campus swag!

We will create an inclusive environment where everyone feels valued and respected.

Talking points -

1. The Power of Collaboration:

We will highlight the benefits of teamwork and how collaboration can lead to innovative solutions and shared success.

We emphasize that diverse perspectives and skills within a team can lead to more creative problem-solving.

2. Establishing Trust and Respect:

We will discuss the importance of trust in building strong team dynamics and how it allows students to feel comfortable taking risks and sharing ideas.

We encourage students to respect each other's opinions and contributions, fostering a supportive and inclusive team culture.

3. Effective Communication:

This point stresses the significance of clear and open communication in teams to avoid misunderstandings and conflicts.

4. Embracing Diversity:

We celebrate the diversity of backgrounds, experiences, and perspectives within the college community.

I explain how embracing diversity can enrich team discussions and lead to more comprehensive solutions.

5. Team Roles and Responsibilities:

We will speak about the importance of defining roles and responsibilities within teams to ensure efficient workflow.

Encouraging students to take on roles that align with their strengths and interests.

6. Resolving Conflicts Constructively:

We acknowledge that conflicts are a natural part of teamwork and discuss ways to address them constructively.

Offer conflict resolution strategies, such as active listening, seeking common ground, and focusing on solutions.

7. Goal Setting and Accountability:

We stress the value of setting clear and achievable goals to guide the team's efforts. I encourage students to hold themselves and their team members accountable for their commitments.

8. Celebrating Achievements:

This point highlights the importance of celebrating both small and significant achievements within the team.

We believe that recognition and appreciation contributes to team morale and motivation.

9. Building Team Spirit through Activities:

I will share examples of team-building activities that promote camaraderie and trust among team members.

Encourage students to participate in such activities to enhance their team dynamics.

10. Reflecting on Team Experiences:

We encourage students to reflect on their team experiences regularly, identifying areas of improvement and growth.

I also share how self-awareness and continuous learning can enhance their teamwork skills.

Part 2: Leadership - Forging Your Path!

Duration: 2 hours

Session 1: The Leader Within

Reflect on your individual strengths, values, and aspirations. Engage in introspective exercises that will help you understand your unique leadership style and how to leverage it to inspire others.

Session 2: Visionary Leadership

Discover the power of vision and how great leaders use it to drive change and motivate their teams. Craft your own vision for your college life and beyond, understanding the impact it can have on your personal and professional growth.

Session 3: The Empathetic Leader

Learn the art of empathy and emotional intelligence in leadership. Engage in role-playing scenarios that challenge you to respond with compassion and understanding, fostering a supportive community.

Session 4: Leadership in Action

Put your leadership skills to the test in a simulated challenge that mirrors real-life situations. Lead your team through ambiguity, adapt to unexpected challenges, and make tough decisions while maintaining team morale and unity.